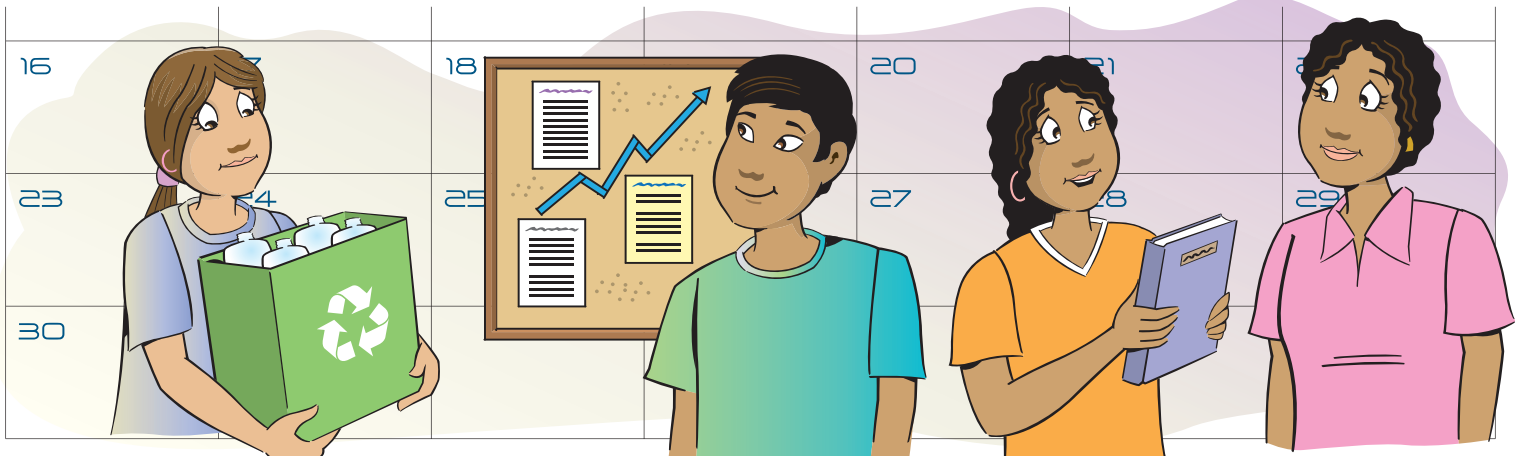


Parent Pointers

Calendar

St. James-Assiniboia School Division #2



THE PARENT INSTITUTE®

Parent Pointers Calendar

Middle School Parents *still make the difference!*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2016				1 Try to eat together as a family at least once every day.	2 Social media makes it easy to hurt someone. Tell your child not to post anything he wouldn't say to someone's face.	3 Choose a recipe with your child. Shop for ingredients, cook and enjoy the results together.
4 Give your child today's paper. Have her report on a news item during dinner.	5 Expect your child to attend school every single day.	6 Have your child tell you about the assignments he has due this week.	7 Review school rules and policies together. Expect your child to follow them.	8 Make up trivia questions about your family. Quiz one another at the dinner table.	9 Remind your child to use you as a scapegoat if faced with a negative situation. "My mom wants me home tonight, sorry."	10 Take your child to the library. Check out two copies of the same book so you can read together.
11 Do you have a home project to do? Let your child help.	12 Don't use technology time as a reward or punishment. It will make it seem more important to your child.	13 Encourage your child to review class notes every day. Notes are most helpful when the class is fresh in students' minds.	14 Eliminate distractions during homework time. Cell phones and TVs should be off!	15 Avoid focusing so much on grades that your child feels she has to cheat.	16 Encourage your child to take appropriate risks. Applaud him when he tackles a new challenge.	17 If your child is an athlete, leave coaching to the coach. Sideline coaching distracts players and will embarrass your child.
18 Do you have nutritious after-school snacks on hand? Have your child help pick them out.	19 Encourage your child to ask at least one question in each of her classes.	20 Remind your child to choose his friends carefully. People will judge him in part by who his friends are.	21 Talk to your child about her commitments. Make sure she has enough time to complete homework every night.	22 If your child is having trouble starting a paper, have him write just one sentence and take a break.	23 Take your child to a high school sporting event. Talk about her goals for high school.	24 At the grocery store, have your child estimate how many apples are in two pounds. Use the scales to check.
25 Notice and talk about the good qualities of your child's friends.	26 Remind your child to plan time for himself. Being a middle schooler can be stressful!	27 Encourage your child to take responsibility for doing her work. Remind her only once that she has homework.	28 Mention something you learned recently. This shows your child that you value education.	29 Ask your child to draw a picture or diagram of something he is learning in school.	30 Middle school students can be moody. Pick your battles, but do not tolerate disrespect.	